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17. The method of claim 16, wherein the adhesion promoter is applied as a no-rinse coating or a conversion coating.
18. The method of claim 16 or claim 17, wherein the aluminium workpiece is aluminium sheet.
19. The method of claim 18, wherein the precleaned surface of the sheet is continuously anodised to form an anodic oxide film on the surface.
20. The method of any one of claims 15 to 19, wherein the adhesion promoter is one containing one or more of Cr, Mn, Mo, Si, Ti, Zr and F values.
21. The method of claim 20, wherein a paint layer or adhesive is applied over the adhesion promoter coating.